



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Ziegler, Dr.Rudolf

Club: TuS Griesheim
Number: 275

Course: 12.00 km
Volkslauf

Category:
Männer M55

Total time: 57:53

Speed: 12.44 km/h
Running performance: 4:49 min/km

Rank in course/Total: 83 (of 193)

Rank in course/Men: 83 (of 184)

Best time in course: 41:33

Rank in category: 9(of 17)

Best time in the category: 47:43