



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Gutsell, Rolf

Club: LTV Erfurt

Number: 342

Course: 12.00 km

Volkslauf

Category:

Männer M50

Total time: 58:09

Speed: 12.38 km/h

Running performance: 4:51 min/km

Rank in course/Total: 84 (of 193)

Rank in course/Men: 84 (of 184)

Best time in course: 41:33

Rank in category: 7(of 15)

Best time in the category: 47:43