



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Kermer, Tinko

Club: Erfurt  
Number: 321

Course: 12.00 km  
Volkslauf

Category:  
Männer M45

Total time: 58:22

Speed: 12.34 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 91 (of 193)

Rank in course/Men: 91 (of 184)

Best time in course: 41:33

Rank in category: 9(of 26)

Best time in the category: 50:13