



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Eisfeld, René

Club: Erfurt  
Number: 166

Course: 12.00 km  
Volkslauf

Category:  
Männer M30

Total time: 59:31

Speed: 12.10 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 102 (of 193)

Rank in course/Men: 102 (of 184)

Best time in course: 41:33

Rank in category: 8(of 14)

Best time in the category: 46:44