



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Bahrs, Sönke

Club: Team Bahrs
Number: 295

Course: 12.00 km
Volkslauf

Category:
Männer M40

Total time: 59:45

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 104 (of 193)

Rank in course/Men: 104 (of 184)

Best time in course: 41:33

Rank in category: 24(of 36)

Best time in the category: 48:17