



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Protze, Rolf

Club: WSV Schmiedefeld
Number: 241

Course: 12.00 km
Volkslauf

Category:
Männer M60

Total time: 1:01:15

Speed: 11.76 km/h
Running performance: 5:06 min/km

Rank in course/Total: 118 (of 193)

Rank in course/Men: 117 (of 184)

Best time in course: 41:33

Rank in category: 4(of 9)

Best time in the category: 57:40