



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Hennig, Bernhard

Club: Sv Mihla
Number: 187

Course: 12.00 km
Volkslauf

Category:
Männer M60

Total time: 1:01:42

Speed: 11.67 km/h
Running performance: 5:08 min/km

Rank in course/Total: 120 (of 193)

Rank in course/Men: 119 (of 184)

Best time in course: 41:33

Rank in category: 5(of 9)

Best time in the category: 57:40