



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Meusel, Sten

Club: Weimar

Number: 223

Course: 12.00 km

Volkslauf

Category:

Männer M30

Total time: 1:02:18

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 124 (of 193)

Rank in course/Men: 123 (of 184)

Best time in course: 41:33

Rank in category: 9(of 14)

Best time in the category: 46:44