



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

**Welcker, Friedrich**

Club: SSV Erfurt 02

Number: 278

Course: 12.00 km

Volkslauf

Category:

Männer M55

Total time: 1:02:48

Speed: 11.46 km/h

Running performance: 5:14 min/km

Rank in course/Total: 127 (of 193)

Rank in course/Men: 126 (of 184)

Best time in course: 41:33

Rank in category: 14(of 17)

Best time in the category: 47:43