



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Münch, Günther

Club: sc impuls erfurt
Number: 231

Course: 12.00 km
Volkslauf

Category:
Männer M55

Total time: 1:03:16

Speed: 11.38 km/h
Running performance: 5:16 min/km

Rank in course/Total: 131 (of 193)

Rank in course/Men: 130 (of 184)

Best time in course: 41:33

Rank in category: 15(of 17)

Best time in the category: 47:43