



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Bielesch, Nikolaus

Club: 1.PMSC Erfurt e.V.
Number: 156

Course: 12.00 km
Volkslauf

Category:
Männer M65

Total time: 1:05:01

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course/Total: 142 (of 193)

Rank in course/Men: 141 (of 184)

Best time in course: 41:33

Rank in category: 5(of 7)

Best time in the category: 1:00:39