



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Skippek, Steffen

Club: Erfurt
Number: 258

Course: 12.00 km
Volkslauf

Category:
Männer M40

Total time: 1:06:23

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 151 (of 193)

Rank in course/Men: 149 (of 184)

Best time in course: 41:33

Rank in category: 30(of 36)

Best time in the category: 48:17