



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

**Raabe, Stefan**

Club: ALCOHOL

Number: 337

Course: 12.00 km

Volkslauf

Category:

Männer M30

Total time: 1:07:58

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 157 (of 193)

Rank in course/Men: 155 (of 184)

Best time in course: 41:33

Rank in category: 14(of 14)

Best time in the category: 46:44