



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Heinze, Viola

Club: WSV Oberhof  
Number: 316

Course: 12.00 km  
Volkslauf

Category:  
Frauen W50

Total time: 1:08:13

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 160 (of 193)

Rank in course/Women: 3 (of 9)

Best time in course: 1:00:02

Rank in category: 2(of 4)

Best time in the category: 1:06:00