



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Rabich, Stephan

Club: Jena

Number: 304

Course: 12.00 km

Volkslauf

Category:

Männer M35

Total time: 1:09:41

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 170 (of 193)

Rank in course/Men: 166 (of 184)

Best time in course: 41:33

Rank in category: 24(of 29)

Best time in the category: 48:16