



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Loch, Thomas

Club: Tischlerei Loch
Number: 436

Course: 12.00 km
Volkslauf

Category:
Männer M35

Total time: 1:09:55

Speed: 10.30 km/h
Running performance: 5:50 min/km

Rank in course/Total: 171 (of 193)

Rank in course/Men: 167 (of 184)

Best time in course: 41:33

Rank in category: 25(of 29)

Best time in the category: 48:16