



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Langlotz, Swen

Club: Cobstädt  
Number: 212

Course: 12.00 km  
Volkslauf

Category:  
Männer M35

Total time: 1:13:42

Speed: 9.77 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 177 (of 193)

Rank in course/Men: 172 (of 184)

Best time in course: 41:33

Rank in category: 27(of 29)

Best time in the category: 48:16