



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

König, Orfrud

Club: Steinbach-Hallenberg
Number: 338

Course: 12.00 km
Volkslauf

Category:
Frauen W45

Total time: 1:14:08

Speed: 9.71 km/h
Running performance: 6:11 min/km

Rank in course/Total: 178 (of 193)

Rank in course/Women: 6 (of 9)

Best time in course: 1:00:02

Rank in category: 1(of 1)

Best time in the category: 1:14:08