



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Haase, Christiane

Club: Erlangen

Number: 280

Course: 12.00 km

Volkslauf

Category:

Frauen W20

Total time: 1:14:28

Speed: 9.67 km/h

Running performance: 6:13 min/km

Rank in course/Total: 179 (of 193)

Rank in course/Women: 7 (of 9)

Best time in course: 1:00:02

Rank in category: 3(of 3)

Best time in the category: 1:00:02