



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Schlender, Roswitha

Club: Laufverein Bechstedt-Wagd
Number: 346

Course: 12.00 km
Volkslauf

Category:
Frauen W50

Total time: 1:06:00

Speed: 10.91 km/h
Running performance: 5:30 min/km

Rank in course/Total: 148 (of 193)

Rank in course/Women: 2 (of 9)

Best time in course: 1:00:02

Rank in category: 1(of 4)

Best time in the category: 1:06:00