



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Helbing, Mico

Club: LTV Erfurt

Number: 376

Course: 0.50 km

Bambinilauf

Category:

Bambinis männlich

Total time: 4:09

Speed: 7.23 km/h

Running performance: 8:18 min/km

Rank in course/Total: 9 (of 14)

Rank in course/Men: 6 (of 8)

Best time in course: 3:18

Rank in category: 6(of 8)

Best time in the category: 3:18