



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Grüneberg-Bischof, Annett

Club: Warendorf  
Number: 635

Course: 5.00 km  
Jedermannlauf

Category:  
Frauen W35

Total time: 30:50

Speed: 9.73 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 43 (of 44)  
Rank in course/Women: 12 (of 13)  
Best time in course: 24:46

Rank in category: 1(of 1)  
Best time in the category: 30:50