



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Willemssen, Lara

Club: Overbergschule
Number: 220

Course: 2.30 km
Schülerlauf

Category:
weibliche Schüler D

Total time: 15:55

Speed: 7.54 km/h
Running performance: 6:55 min/km

Rank in course/Total: 197 (of 232)

Rank in course/Women: 91 (of 109)

Best time in course: 9:48

Rank in category: 57(of 73)

Best time in the category: 10:02