



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Silbernagel, Marie Chrsitin

Club: Josefschule Warendorf
Number: 281

Course: 2.30 km
Schülerlauf

Category:
weibliche Schüler D

Total time: 17:03

Speed: 7.04 km/h
Running performance: 7:25 min/km

Rank in course/Total: 207 (of 232)

Rank in course/Women: 96 (of 109)

Best time in course: 9:48

Rank in category: 62(of 73)

Best time in the category: 10:02