



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Böckenholt, Thomas

Club: ESV Münster
Number: 754

Course: 10.00 km
Volkslauf

Category:
Männer M30

Total time: 34:49

Speed: 17.23 km/h
Running performance: 3:29 min/km

Rank in course/Total: 2 (of 141)

Rank in course/Men: 2 (of 101)

Best time in course: 33:35

Rank in category: 1(of 9)

Best time in the category: 34:49