



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Hoppe, Bernd

Club: LV Oelde  
Number: 709

Course: 10.00 km  
Volkslauf

Category:  
Männer M40

Total time: 37:50

Speed: 15.86 km/h  
Running performance: 3:47 min/km

Rank in course/Total: 4 (of 141)

Rank in course/Men: 4 (of 101)

Best time in course: 33:35

Rank in category: 1(of 22)

Best time in the category: 37:50