



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Bischof, Jürgen

Club: LC Solbad Ravensberg
Number: 783

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 38:35

Speed: 15.55 km/h
Running performance: 3:52 min/km

Rank in course/Total: 6 (of 141)

Rank in course/Men: 6 (of 101)

Best time in course: 33:35

Rank in category: 2(of 27)

Best time in the category: 35:14