



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Depke, Tilo

Club: LG-Ems Warendorf
Number: 121

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler D

Total time: 10:13

Speed: 11.75 km/h
Running performance: 4:26 min/km

Rank in course/Total: 25 (of 232)

Rank in course/Men: 20 (of 123)

Best time in course: 8:27

Rank in category: 5(of 74)

Best time in the category: 9:50