



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Blume, Dietmar

Club: LAC Veltins Hochsauerland
Number: 780

Course: 10.00 km
Volkslauf

Category:
Männer M35

Total time: 41:48

Speed: 14.35 km/h
Running performance: 4:11 min/km

Rank in course/Total: 11 (of 141)

Rank in course/Men: 11 (of 101)

Best time in course: 33:35

Rank in category: 2(of 9)

Best time in the category: 40:02