



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Blume, Dietmar**

Club: LAC Veltins Hochsauerland  
Number: 780

Course: 10.00 km  
Volkslauf

Category:  
Männer M35

Total time: 41:48

Speed: 14.35 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 11 (of 141)

Rank in course/Men: 11 (of 101)

Best time in course: 33:35

Rank in category: 2(of 9)

Best time in the category: 40:02