



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Osthoff, Jan

Club: Josefschule Warendorf  
Number: 273

Course: 2.30 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 10:24

Speed: 11.54 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 36 (of 232)

Rank in course/Men: 28 (of 123)

Best time in course: 8:27

Rank in category: 8(of 74)

Best time in the category: 9:50