



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Koch, Max

Club: Josefschule Warendorf
Number: 278

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler D

Total time: 10:42

Speed: 11.21 km/h
Running performance: 4:39 min/km

Rank in course/Total: 41 (of 232)

Rank in course/Men: 32 (of 123)

Best time in course: 8:27

Rank in category: 11(of 74)

Best time in the category: 9:50