



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Alexander, Alexni

Club: Josefschule Warendorf  
Number: 275

Course: 2.30 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 11:28

Speed: 10.47 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 66 (of 232)

Rank in course/Women: 19 (of 109)

Best time in course: 9:48

Rank in category: 9(of 73)

Best time in the category: 10:02