



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Häusler, Ralf

Club: Live Laufftreff in Versmold
Number: 765

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 42:42

Speed: 14.05 km/h
Running performance: 4:16 min/km

Rank in course/Total: 17 (of 141)

Rank in course/Men: 16 (of 101)

Best time in course: 33:35

Rank in category: 4(of 27)

Best time in the category: 35:14