



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Zamara, Christian

Club: Overbergschule

Number: 166

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler D

Total time: 10:52

Speed: 11.04 km/h

Running performance: 4:43 min/km

Rank in course/Total: 43 (of 232)

Rank in course/Men: 34 (of 123)

Best time in course: 8:27

Rank in category: 13(of 74)

Best time in the category: 9:50