



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Budde, Klaus**

Club: SV Hellern  
Number: 1211

Course: 10.00 km  
Volkslauf

Category:  
Männer M45

Total time: 44:05

Speed: 13.61 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 23 (of 141)

Rank in course/Men: 22 (of 101)

Best time in course: 33:35

Rank in category: 6(of 27)

Best time in the category: 35:14