



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Reher, Norbert

Club: SC DJK Everswinkel
Number: 718

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 44:34

Speed: 13.46 km/h
Running performance: 4:28 min/km

Rank in course/Total: 25 (of 141)

Rank in course/Men: 24 (of 101)

Best time in course: 33:35

Rank in category: 7(of 22)

Best time in the category: 37:50