



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Zipplies, Günter

Club: Soest
Number: 818

Course: 10.00 km
Volkslauf

Category:
Männer M35

Total time: 44:36

Speed: 13.45 km/h
Running performance: 4:28 min/km

Rank in course/Total: 26 (of 141)

Rank in course/Men: 25 (of 101)

Best time in course: 33:35

Rank in category: 4(of 9)

Best time in the category: 40:02