



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Strotmeier, Franz-Josef

Club: WSU Tri Team Warendorf
Number: 725

Course: 10.00 km
Volkslauf

Category:
Männer M50

Total time: 45:31

Speed: 13.18 km/h

Running performance: 4:33 min/km

Rank in course/Total: 31 (of 141)

Rank in course/Men: 29 (of 101)

Best time in course: 33:35

Rank in category: 3(of 11)

Best time in the category: 42:28