



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Klabuhn, Ralf

Club: Sportschule der Bundeswehr
Number: 711

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 45:36

Speed: 13.16 km/h
Running performance: 4:34 min/km

Rank in course/Total: 32 (of 141)

Rank in course/Men: 30 (of 101)

Best time in course: 33:35

Rank in category: 8(of 27)

Best time in the category: 35:14