



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Austermann, Christoph**

Club: Spvgg Laumasters  
Number: 794

Course: 10.00 km  
Volkslauf

Category:  
Männer M20

Total time: 45:41

Speed: 13.13 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 33 (of 141)

Rank in course/Men: 31 (of 101)

Best time in course: 33:35

Rank in category: 3(of 8)

Best time in the category: 33:35