



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Schneider, Michael

Club: DUC Hamm  
Number: 719

Course: 10.00 km  
Volkslauf

Category:  
Männer M45

Total time: 47:16

Speed: 12.69 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 41 (of 141)

Rank in course/Men: 39 (of 101)

Best time in course: 33:35

Rank in category: 11(of 27)

Best time in the category: 35:14