



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Kahlert, Alexander

Club: Overbergschule
Number: 146

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler D

Total time: 12:44

Speed: 9.42 km/h
Running performance: 5:32 min/km

Rank in course/Total: 110 (of 232)

Rank in course/Men: 75 (of 123)

Best time in course: 8:27

Rank in category: 39(of 74)

Best time in the category: 9:50