



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Moll, Thomass

Club: Sassenberg
Number: 734

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 48:38

Speed: 12.34 km/h
Running performance: 4:52 min/km

Rank in course/Total: 48 (of 141)

Rank in course/Men: 45 (of 101)

Best time in course: 33:35

Rank in category: 12(of 22)

Best time in the category: 37:50