



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Deitert, Maik

Club: Sassenberg
Number: 764

Course: 10.00 km
Volkslauf

Category:
Männer M30

Total time: 48:44

Speed: 12.31 km/h
Running performance: 4:52 min/km

Rank in course/Total: 50 (of 141)

Rank in course/Men: 47 (of 101)

Best time in course: 33:35

Rank in category: 6(of 9)

Best time in the category: 34:49