



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Oesterhelweg, Peter

Club: DJK Gütersloh
Number: 616

Course: 5.00 km
Jedermannlauf

Category:
Männer M40

Total time: 19:14

Speed: 15.60 km/h
Running performance: 3:51 min/km

Rank in course/Total: 5 (of 44)

Rank in course/Men: 5 (of 31)

Best time in course: 16:14

Rank in category: 2(of 6)

Best time in the category: 18:15