



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Hagedorn, Norbert

Club: Glandorf
Number: 821

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 50:22

Speed: 11.91 km/h
Running performance: 5:02 min/km

Rank in course/Total: 58 (of 141)

Rank in course/Men: 54 (of 101)

Best time in course: 33:35

Rank in category: 14(of 27)

Best time in the category: 35:14