



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Grenz, André

Club: Warendorf

Number: 761

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 50:30

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 60 (of 141)

Rank in course/Men: 56 (of 101)

Best time in course: 33:35

Rank in category: 5(of 11)

Best time in the category: 42:28