



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Uchtmann, Franz

Club: Warendorf
Number: 760

Course: 10.00 km
Volkslauf

Category:
Männer M55

Total time: 50:45

Speed: 11.82 km/h
Running performance: 5:05 min/km

Rank in course/Total: 61 (of 141)

Rank in course/Men: 57 (of 101)

Best time in course: 33:35

Rank in category: 1(of 5)

Best time in the category: 50:45