



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Schmidthals, Holger

Club: Oelde
Number: 769

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 51:08

Speed: 11.73 km/h
Running performance: 5:07 min/km

Rank in course/Total: 66 (of 141)

Rank in course/Men: 62 (of 101)

Best time in course: 33:35

Rank in category: 13(of 22)

Best time in the category: 37:50