



29. Emssee Volkslauf Warendorf / 06.09.2008

Detailed evaluation

Abousba, Junis

Club: Josefschule Warendorf
Number: 261

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler D

Total time: 17:19

Speed: 7.97 km/h
Running performance: 7:32 min/km

Rank in course/Total: 210 (of 232)

Rank in course/Men: 113 (of 123)

Best time in course: 8:27

Rank in category: 65(of 74)

Best time in the category: 9:50